



Eve Taylor® Winter Warmer Body Treatment (60 minutes).

Products needed:

Salt & Seaweed Scrub

Aqua-Mass Massage Oil

Hydra-thermal Body Wrap

Aromawax Candle

Relaxing Body Serum (No.10)

Restelle Body Wash

Lavender Hydrosol

Preparation; place 2 x 5ml scoops of **Salt & Seaweed Scrub** into a small mixing bowl and dispense 6 pumps of **Aqua-Mass Massage Oil**. Continue to mix until a pliable paste has been achieved. Place in a larger bowl with boiled water to heat mixture prior to applying to the body.

Place 2 x 50ml scoops of **Hydra-thermal Body Wrap** ready in a flexible mixing bowl.

Light chosen **Aromawax Candle** ready to melt prior to use.

With client lying prone (face down) dispense one pump of **Relaxing Body Serum (No.10)** into your palms and cup close to clients nose, ask them to inhale deeply 3 times to assist in relaxation.

Smooth your palms across top of shoulders firmly pressing shoulders towards feet.

1. Cleanse and warm hands and feet with hot mitts infused with **Restelle Body Wash**.
2. Begin exfoliation on left leg with the warm mixture of **Salt & Seaweed Scrub**, remove with mitts dampened with hot water customised with **Lavender Hydrosol**.
3. Repeat on back and right leg.
4. Turn client supine and repeat exfoliation on left arm, left leg, right leg, right arm, abdomen and chest.
5. Mix **Hydra-thermal Body Wrap** with warm water to a smooth paste. Sit client up and apply to their back. Place spa plastic at top of couch and roll down to buttocks. Have client lie back onto plastic and raise buttocks to roll under legs, removing bed roll.
6. Apply **Hydra-thermal Body Wrap** to underside of legs, top of legs and cover, arms, abdomen and chest and cover.
7. Cocoon client in blanket and leave to relax for 10 minutes. Place dry warmed towels under neck and around feet for extra warmth and relaxation. Massage scalp during this resting stage.

8. After 10 minutes begin removal of mask with mitts dampened with hot water customised with **Lavender Hydrosol**, begin on legs moving to front of upper body and finish with removal from back. Ensure to remove spa plastic from client so now is lying on towels.

9. Dispense melted **AromaWax Candle** with appropriate spatula; smooth between the palms and spread over each body part to be massaged. Begin massage on left arm, left leg, right leg, right arm, abdomen and chest. Turn client prone and complete massage on back of right leg, then left leg and finally the back.

10. Allow your client to rest for a few moments while you prepare a glass of water or herbal tea.

Key Products to Retail

Restelle Body Wash

Relaxing Body Serum No.10

AromaWax Candle

Winter Warmer Body Treatment Description:

Indulge in pure relaxation as your body is pampered with a warm oil sea salt scrub, leaving your skin silky smooth and soft. You'll be wrapped in a warm, hydrating mask while a calming scalp massage melts away stress and tension. To complete the experience, enjoy the ultimate luxury of a warm candle massage that not only nourishes your skin but also soothes your senses, leaving you feeling completely renewed. (60 minutes).

Cost to perform: **£3.32**

RRP: **£60.00**

Profit: **£56.58***

*overheads and consumables not included.

A breakdown of the treatment costing can be found in the **Cost Calculator**.